



# Bishop Shanahan High School

220 Woodbine Road  
Downingtown, PA 19335

Tel. 610-343-6246  
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etorrance@shanahan.org

## Athletics Department

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October 2011

Dear Athletes and Parents,

Listed below is important information regarding Winter Athletes for 2011.

**All athletes must submit the latest version of the revised PIAA physical form dated after June 1, 2011 to the Athletic Office by November 4, 2011! Only the newest version of this form will be accepted! Section 4 must be signed, dated and checked clear by the doctor.  
No form, No practicing! No trying out!**

### A. Starting dates and times

The first day for winter sports is November 18, 2011.

Winter Tryout Schedule - Basketball	
11/18/2011 - Main Gym	
Girls Basketball - 3-5:30PM / Boys Basketball 5:30-8PM	
11/19/2011 - Main Gym	
Girls Basketball - 8-10:30AM / Boys Basketball 10:30-1PM	
11/20/2011 - Main Gym	
Boys Basketball - 12-2PM / Girls Basketball 2-4PM	
11/21/2011 - Main Gym	
9th Boys Basketball - 3-4:30PM / Girls Basketball - 5-7PM	
11/22/2011 - Main Gym	
Girls Basketball - 3-5:30PM -JV/V Boys Basketball 5:30-8PM	
11/22/2011 - Aux Gym	
9th Boys Basketball - 3-4:30PM	
11/23/2011 - Main Gym	
Girls Basketball - 3-5PM	

Weekly Swim Practice Schedule	
Mondays	7:45-9PM
Tuesdays	3:30-4:45PM
Wednesdays	7:45-9PM
Thursdays	3:30-4:45PM
Fridays	3:45-5PM
Saturdays	6:30-8AM

### Additional Information:

- For all tryouts/practices, come dressed and ready to play.
- Please bring an ample supply of **WATER**.
- All athletes are covered by school insurance at no cost to the parents.

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***Seek the things that are above.  
(Quae sursum sunt Quaerite.)***



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## B. Physicals

Starting June 1<sup>st</sup>, 2008, the PIAA implemented a policy in which they only accept the PIAA comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) form. This form can be downloaded and printed from the Bishop Shanahan Athletics webpage. These physicals will not carry over into another school year. June 1<sup>st</sup> is the first date that a physical may be done so that it is valid for the school year. For example, all appointments for a physical examination for the 2011-2012 school year must be scheduled on or after June 1<sup>st</sup>, 2011. Physicals dated before this date will not be accepted. For more information about the CIPPE form, you can visit the PIAA website at [www.piaa.org](http://www.piaa.org).

### Physicals for the upcoming 2011-2012 school year will be due on the following dates:

**Fall Season:** Friday, August 5, 2011

**Winter Season:** Friday, November 4, 2011

**Spring Season:** Friday, February 17, 2012

**\*Physical forms typically require one full business day to be processed by our Athletic Department, and therefore athletes will not be able to participate until one full day after the physical is submitted. Physical forms should be turned in to the Athletic Office.**

### For Multiple-Sports Athletes – Sections 5 & 6 of the CIPPE:

**(These sections are due: November 4, 2011 and February 17, 2012)**

The comprehensive physical form (CIPPE) is valid for one school year, but a parent or guardian must sign and return Section 5 of the form for athletes who plan on participating in multiple sports. Section 5 requires that the parent or guardian signs off on whether or not any significant injuries occurred with the athlete during the season that was previously completed.

If a student saw a licensed physician of medicine or osteopathic medicine for an illness or injury during the previous season, then Section 6 will need to be completed and turned in. Section 6 requires that the student see a doctor to re-certify that the student is physically able to participate in athletics. The entire CIPPE packet can be downloaded from the Bishop Shanahan Athletics webpage.

If you have any questions, please contact the Athletic Office at 610-343-6246. Bishop Shanahan High School will have the services of a certified athletic trainer on site starting August 16 for all student athletes.

## C. Athletic Fee

Due to the ever increasing costs (officials, transportation, etc.) each student, upon learning that he/she has made their respective team shall submit this fee (**\$220.00 per sport**) to the athletic office **on or before the day uniforms are distributed**. NOTE: Athletic Fee for Football is **\$450.00**, Swimming is **\$325.00**, and Basketball is **\$300.00**.

Thank you for your continued cooperation and support.

Sincerely,

Ted Torrance  
Athletic Director

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(Quae sursum sunt Quaerite.)***