

**Downingtown Area School District
Nursing Department
List of OTC Medications
Standing Orders**

The following medications have been approved by our district physicians and may be sent to the nurse's office along with the medication form to be administered at school without a doctor's note.

Any over the counter medication not on the list must be accompanied by a physician's note to be administered by the school nurse at school.

Advil Cold and Sinus 12 years of age and older 1 or 2 tabs q 5-6 hours, p.o. for cold symptoms

Advil Liquid Gels- 12 years of age and older 1 tab q 4-6 hours, p.o. for pain or fever

Advil Migraine- over 18 years of age, 2 capsules with water no more than 2 capsule in 24 hours for migraine headache.

***Aleve- 12 years of age and older** 1 tablet/cap or gel cap q 8-12 hours (contains Aspirin)

Dimetapp- 6-12 years of age, ½ to 1 tab q 6-8 hours, 12 years of age or older 1-2 tabs q 4-6 hours, p.o. for nasal/sinus congestion.

***Excedrin Migraine-** has aspirin Reyes Syndrome warning- adults dosage listed only

Lactaid take as directed on the label

Midol- Adults and children 12 years of age and over 2 caplets with water repeat every 6 hours as needed . Up to 8 caplets per day for menstrual pain

Motrin-according to age and weight listed on box.

Motrin Children's- follow directions on the label for weight and age, P.O. for pain/fever

***Naproxen-** Adults 250-500mg BID, Children older than 2 years -5mg/kg/day twice daily as naproxen suspension for analgesic effect

Sudafed-Adults and Children 12 years and older – 60 mg q4-6 hours as needed
Children 6-12 years of age 30 mg q 4-6 hours as needed. Children 2-6 years of age Q 4-6 hours as needed for nasal congestion.

Tums-take as directed for nausea and stomachache.

Tylenol Sinus- take as directed on label for sinus pain and congestion