



Bishop Shanahan High School

220 Woodbine Road
Downingtown, PA 19335

Tel. 610-343-6246
Fax 610-343-6220
etorrance@shanahan.org

Athletics Department

June 2011

Dear Athletes and Parents,

Listed below is important information regarding Fall Athletes for 2011.

**All athletes must submit the latest version of the revised PIAA physical form dated after June 1, 2011 to the Athletic Office by August 5, 2011! Only the newest version of this form will be accepted! Section 4 must be signed, dated and checked clear by the doctor.
No form, No practicing! No trying out!**

A. Starting dates and times

Please note: All activities will take place on the grounds of the school with the exception of Golf.

1. Girls Tennis – Start – August 15th. Please check the athletic web page of the schools website for more details as they become available.
2. Golf – Start – August 16 – Time 9:00AM **Note: All players report to the Downingtown Country Club.**
3. Girls Soccer – Start - August 15th – Time 7:00AM – 9:00AM, 3:00PM – 5:45PM. For detailed information, please see the Girls Soccer website: www.eteamz.com/shanahaneaglesgirlsoccer/
4. Field Hockey – Start - August 15th – Time 7:30AM – 11:30AM, 3:00PM – 6:00PM. Goggles are required for all field hockey players. If you have any questions, please contact Coach Nancy Roselli at: nancy_roselli@comcast.net
5. Volleyball – Start - August –15th Time – 9:00AM – 5PM. **Note:** All players should bring: water, bag lunch, snack, volleyball shoes, knee-pads and running shoes. Tuesday thru Friday practice will from 3:00PM to 6:00PM.
6. Boys Soccer – Start - August 15th – Time 7:00AM - 9:00AM and 4:00PM – 6:00PM.
7. Cross-Country – Start - August 15th – Time 9:00AM, Bring running shoes and water.
8. Football – All Players Start – August 15th – Time 7:30AM in the Aux. Gym. Bring – shorts, sneakers, cleats, lunch and water. Practice will run from 7:30AM – 11:00AM, Lunch, 1:00PM – 3:30PM.
For detailed information, plus information on equipment handout and practice gear, please see the Football website: www.shanahanfootball.com.

These times are for the first day only. Staff members will provide more detailed information at the first practice/tryout.

Additional Information:

- a. All athletes who are trying out are urged to make all summer sessions. For most sports, scrimmages and non-league games are held **before** the start of classes.
- b. For all tryouts/practices, come dressed and ready to play.
- c. Please bring an ample supply of **WATER**.
- d. All athletes are covered by school insurance at no cost to the parents.
Call the school for more information regarding coverage.

***Seek the things that are above.
(Quae sursum sunt Quaerite.)***



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B. Physicals

Starting June 1st, 2008, the PIAA implemented a policy in which they only accept the PIAA comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) form. This form can be downloaded and printed from the Bishop Shanahan Athletics webpage. These physicals will not carry over into another school year. June 1st is the first date that a physical may be done so that it is valid for the school year. For example, all appointments for a physical examination for the 2011-2012 school year must be scheduled on or after June 1st, 2011. Physicals dated before this date will not be accepted. For more information about the CIPPE form, you can visit the PIAA website at www.piaa.org.

Physicals for the upcoming 2011-2012 school year will be due on the following dates:

Fall Season: Friday, August 5, 2011

Winter Season: Friday, November 4, 2011

Spring Season: Friday, February 17, 2012

***Physical forms typically require one full business day to be processed by our Athletic Department, and therefore athletes will not be able to participate until one full day after the physical is submitted. Physical forms should be turned in to the Athletic Office.**

For Multiple-Sports Athletes – Sections 5 & 6 of the CIPPE:

(These sections are due: November 11, 2011 and February 17, 2012)

The comprehensive physical form (CIPPE) is valid for one school year, but a parent or guardian must sign and return Section 5 of the form for athletes who plan on participating in multiple sports. Section 5 requires that the parent or guardian signs off on whether or not any significant injuries occurred with the athlete during the season that was previously completed.

If a student saw a licensed physician of medicine or osteopathic medicine for an illness or injury during the previous season, then Section 6 will need to be completed and turned in. Section 6 requires that the student see a doctor to re-certify that the student is physically able to participate in athletics. The entire CIPPE packet can be downloaded from the Bishop Shanahan Athletics webpage.

If you have any questions, please contact the Athletic Office at 610-343-6246. Bishop Shanahan High School will have the services of a certified athletic trainer on site starting August 16 for all student athletes.

C. Athletic Fee

Due to the ever increasing costs (officials, transportation, etc.) each student, upon learning that he/she has made their respective team shall submit this fee (**\$220.00 per sport**) to the athletic office **on or before the day uniforms are distributed**. NOTE: Athletic Fee for Football is **\$450.00**, Swimming is **\$325.00**, and Basketball is **\$300.00**.

Thank you for your continued cooperation and support.

Sincerely,

Ted Torrance
Athletic Director

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(Quae sursum sunt Quaerite.)***