



TITUS
SPORTS ACADEMY®

Training Schedule

SPRING 2022

Begins March 7 through May 25

EVERY MONDAY & WEDNESDAY

FOOTBALL: Starting @ 3:00pm

GIRLS SPORTS: Starting @ 4:00pm

BOYS SPORTS: Starting @ 4:00pm

BOYS LACROSSE INSEASON: @ 3:00pm or 5:00pm

**training time based on turf practice schedule*

For information see the athletic department or contact Titus:



@ TitusSportsDE

302.456.3278 / Delaware@TitusSports.com