

Ches-Mont League
2019-2020 Winter Sports
All League Selections

American Division

Great Valley
Kennett
Oxford
Rustin
Sun Valley
Unionville

National Division

Avon Grove
Bishop Shanahan
Coatesville
Downingtown East
Downingtown West
Henderson
WC East



Boys' Basketball 2019-2020 All-League
National League

1st Team:

Andrew Carr	Senior	West Chester East
Jhamir Brickus	Senior	Coatesville
Andrew King	Senior	Downingtown East
Dylan Blair		Downingtown West
Dapree Bryant	Senior	Coatesville
Tym Richardson	Senior	West Chester East

2nd Team:

Sage Harkins		West Chester Henderson
Jayden Rowe		Downingtown East
Hunter Blair		Downingtown West
Reese Ziegler		Avon Grove
Will Howard	Senior	Downingtown West

Honorable Mention:

Tyler Newman		Avon Grove
Ryan Riotto		Bishop Shanahan
Ryan Smyth		Bishop Shanahan
John Proctor		Coatesville
David Owsik		Downingtown East
Jackson Luneburg		Downingtown West
Mike Dedda	Junior	West Chester East
Shawn Fay		West Chester Henderson

Boys' Basketball 2019-2020 All-League
American League

1st Team:

Logan Shanahan	Senior	Unionville
IV Pettitt	Sophomore	West Chester Rustin
Bryce Whitlock		Unionville
Billy Fisher		Sun Valley
Griffin Barrouck		West Chester Rustin

2nd Team:

Dom Valente		Sun Valley
Josh Stehle		Great Valley
Jacob Barksdale	Senior	West Chester Rustin
Buzz Hertz		Kennett
Sean Neylon		Unionville
Bryce Pew	Senior	West Chester Rustin

Honorable Mention:

Will Fredericks	Senior	Great Valley
Ethan Schmidt		Kennett
Christian McCartney		Oxford
Nick Giankopolos		Sun Valley
Jon Passarello		Unionville
Peter Kucharczuk		Unionville



Girls' Basketball 2019-2020 All-League
National League

1st Team:

Bella Smuda	Senior	Downingtown East
Lauren Klieber	Junior	West Chester East
Molly Manion	Junior	West Chester Henderson
Kathryn Greenhut	Senior	Bishop Shanahan
Caroline Brennan	Junior	Downingtown East

2nd Team:

Shayla Johnson	Junior	Downingtown West
Danae Elizy	Sophomore	Coatesville
Lauren Kent	Sophomore	Downingtown East
Megan Merten	Junior	West Chester East
Gianna DiMarco	Senior	Bishop Shanahan

Honorable Mention:

Jamie Perkins	Senior	Avon Grove
Kaelin Sailey	Senior	Avon Grove
Jacey Peturno	Junior	Bishop Shanahan
Shannon Donahue	Junior	Bishop Shanahan
Dasani Peoples	Junior	Coatesville
Neveyah Chester	Junior	Coatesville
Mary McFillan	Junior	Downingtown East
Cass Denning	Sophomore	Downingtown East
Jess Wills	Senior	Downingtown West
Jenna Young	Junior	Downingtown West
Mary Grace Kerns	Junior	West Chester East
Mikayla Kushner	Freshman	West Chester East
Molly Nanni	Junior	West Chester Henderson
Emma Kleckner	Junior	West Chester Henderson

Girls' Basketball 2019-2020 All League
American League

1st Team:

Tessa Liberatoscioli	Senior	Great Valley
Cristina Fernandez	Junior	Oxford
Emma Dempsey	Junior	Unionville
Laine McGuirk	Freshman	West Chester Rustin
Ashley Sullivan	Junior	Great Valley

2nd Team:

Anna Iacocca	Senior	Unionville
Sam Greer	Senior	West Chester Rustin
Gina Lusvardi	Senior	Kennett
Gracy Shivers	Junior	West Chester Rustin
Ellie Matthews	Junior	Kennett
Emily DuPont	Junior	Great Valley

Honorable Mention:

Emma DeRobertis	Junior	Great Valley
Anna Hampshire	Senior	Oxford
Jaime Herrin	Senior	Oxford
Maya Morris	Senior	Sun Valley
Aliceia Whitfield	Sophomore	Sun Valley
Alexia Brown	Junior	Unionville
Casey Baughan	Senior	Unionville
Grace Plona	Senior	West Chester Rustin
Laney Costin	Sophomore	West Chester Rustin

2019-20 All Ches-Mont Wrestling Team
National Division

1st Team:

Zach Aceto (12) – Downingtown East
Cash Artis (12) – West Chester Henderson
Killian Delaney (12) – West Chester Henderson
Robert English (11) – West Chester Henderson
Dominic Findora (10) – Downingtown West
Maximus Hale (12) Downingtown West
Bo Horvath (9) – Downingtown East
Hugh Lemmon-Kishi (12) – West Chester East
Dan Lilley (11) – Downingtown West
Nate Lucier (11) – Coatesville
Keanu Manuel (11) – Downingtown East
Sam McMonagle (11) – West Chester Henderson
Chase Mielnik (12) – Downingtown West
Max Parnis (9) – West Chester East
Matt Romanelli (11) – Downingtown East
Justin Tran (12) – West Chester Henderson
Spencer Ugglá (12) – Downingtown East
Connor Whitton (10) – West Chester East
Ray Wileczek (11) – Downingtown East

2nd Team:

Mason Baldwin (12) – West Chester Henderson
Koh Bauman (11) – West Chester Henderson
Ryan Caruso (12) – West Chester Henderson
Carmen Cortese (9) – West Chester Henderson
Palmer Delaney (10) – West Chester Henderson
Brett Fick (11) – Coatesville
Mason Hale (9) – Downingtown West
Grant Hanak (12) – Downingtown West
Max Jackman (10) – West Chester Henderson
Ryan Loraw (9) – Downingtown East
Sam Parnis (11) – West Chester East
Josh Reuter (10) – Avon Grove
Billy Wilson (10) – West Chester Henderson

Honorable Mention:

Avon Grove - Garrett Landon, Dominic Osborne / **Coatesville** - Dylan McGuire / **Downingtown East** - Kyle Mittelstadt, Sean Mullen / **Downingtown West** - Ryan Gallagher, Harrison Hayford, Matt Micale, Ryan Note / **West Chester East** - Jake Fenimore , Andrew Luke

2019-20 All Ches-Mont Wrestling Team
American Division

1st Team:

Xain Cabalo (9) – Sun Valley
Hunter Catka (12) – Sun Valley
Ryan Catka (11) – Sun Valley
Sam Elsen (11) – Unionville
Cannon Hershey (10) – Oxford
Shane Holefelder (10) – Sun Valley
Daniel Kearney (10) – Sun Valley
Kevin Kent (12) – West Chester Rustin
Jimmy King (11) – West Chester Rustin
Trent Kochersperger (11) – Kennett
Landon Meredith (11) – Oxford
Alex Pratzner (11) – West Chester Rustin
Josh Viarengo (11) – West Chester Rustin
Alex Gamble-Williams (9) – Sun Valley

2nd Team:

Reiland Canaday (9) – Oxford
Kelvin Figueroa (11) – Oxford
Matt Griffith (11) – West Chester Rustin
Tyler Humphreys (12) – Great Valley
Cooper Johnson (11) – Oxford
Aiden O’Neil (11) – Great Valley
Kevin Quin (12) – Oxford
Benjamin Smith (10) – Oxford
Jake Spaniak (12) – West Chester Rustin
Vince Warrington (12) – Sun Valley

Honorable Mention:

Great Valley - Casey Capetola / **Kennett** - Josh Barlow, Darrale Barrett, Paul James Pebly /
Oxford - Jeremy McKinney, Austin McMillan – / **Sun Valley** - David Voghel /
West Chester Rustin - Anthony Meadows, Chris Yanko, Gabe Walsh

Swimming and Diving
2019-2020 Girls All Ches-Mont Team

200 Medley Relay

1:46.51	Unionville	M. Carson, J. Anderson, M. Lowe, E. Albans
1:49.77	WC Henderson	J. Li, M. Krauss, H. Fruhwirth, M. Byrne
1:50.07	Great Valley	A. Utecht, P. Turner, M. Sullivan, B. Gilmartin
1:50.61	Avon Grove	Sydney Paglia, I. Paoletti, Sophia Paglia, A. Pfaff
1:52.44	Downingtown West	S. Martin, A. Houseknecht, A. Littler, K. Toth

200 Freestyle

1:50.80	Krista Marlin	WC Henderson
1:50.97	Keeley Durkin	Sun Valley
1:52.81	Sarah Manthorp	Downingtown West
1:55.97	Rylee Kelly	WC Henderson
1:56.32	McKaylie Sullivan	Great Valley

200 Individual Medley

2:00.13	Isabella Paoletti	Avon Grove
2:05.26	Sydney McCracken	Kennett
2:05.93	Grace Bousum	Downingtown East
2:11.71	Madelyn Lowe	Unionville
2:13.37	Julia Li	WC Henderson

50 Freestyle

23.16	Alexa Fulton	Downingtown East
23.50	Katie Simpson	WC Henderson
24.11	Flynn Truskett	WC Rustin
24.40	Molly Carson	Unionville
24.60	Peyton Turner	Great Valley

Diving – 6 dives

307.30	Sara Haggerty	Downingtown West
288.87	Lily Horenkamp	WC Henderson
282.50	Hunter Smith	Unionville
234.45	Sarah McHugh	WC East
194.44	Sarah McManamon	Coatesville

Diving – 11 Dives

443.55	Lily Horenkamp	WC Henderson
432.25	Sara Haggerty	Downingtown West
363.35	Hunter Smith	Unionville
264.50	Julie Colarusso	Avon Grove
137.05	Sarah McHugh	WC East

100 Butterfly

55.19	Sydney Paglia	Avon Grove
56.11	Grace Bousum	Downingtown East
56.61	McKaylie Sullivan	Great Valley
57.46	Grace Noble	Downingtown East
57.95	Madelyn Lowe	Unionville

100 Freestyle

51.29	Alexa Fulton	Downingtown East
51.88	Katie Simpson	WC Henderson
52.38	Sarah Manthorp	Downingtown West
52.91	Flynn Truskett	WC Rustin
53.98	Shannon Gamble	WC Henderson

500 Freestyle

4:53.51	Isabella Paoletti	Avon Grove
5:01.92	Keeley Durkin	Sun Valley
5:04.09	Rylee Kelly	WC Henderson
5:12.85	Kate Mondick	WC Rustin
5:19.37	Lindsay Blake	Downingtown East

200 Freestyle Relay

1:36.01	WC Henderson	K. Simpson, S. Gamble, R. Kelly, K. Marlin
1:37.21	Downingtown East	A. Fulton, L. Blake, G. Noble, G. Bousum
1:37.50	Avon Grove	Sydney Paglia, A. Pfaff, Sophia Paglia, I. Paoletti
1:38.75	Unionville	E. McGovern, D. Harlan, E. Albans, J. Anderson
1:38.88	WC Rustin	L. Lockhart, S. Piccone, E. Koczur, F. Truskett

100 Backstroke

55.42	Sydney Paglia	Avon Grove
56.09	Molly Carson	Unionville
56.26	Krista Marlin	WC Henderson
56.48	Tori Howard	Downingtown West
58.44	Allysa Utecht	Great Valley

100 Breaststroke

1:03.03	Sydney McCracken	Kennett
1:05.78	Marisa Krauss	WC Henderson
1:06.86	Jill Anderson	Unionville
1:07.50	Sarah Jackson	WC Rustin
1:07.74	Hannah Fruhwirth	WC Henderson

400 Freestyle Relay

3:29.97	WC Henderson	K. Simpson, S. Gamble, M. Byrne, K. Marlin
3:31.08	Downingtown East	V. Maki, A. Fulton, G. Noble, G. Bousum
3:34.47	Unionville	E. McGovern, E. Shields, M. Lowe, M. Carson
3:34.53	Downingtown West	S. Manthorp, M. Mazon, A. Littler, T. Howard
3:36.98	WC Rustin	S. Piccone, M. An, K. Mondick, F. Truskett

Girls Swimmer of the Year:

Sydney Paglia – Avon Grove – 682 Power Points

Girls Divers of the Year:

Sara Haggerty – Downingtown West

Lily Horenkamp – West Chester Henderson

Swimming and Diving
2019-2020 Boys All Ches-Mont Team

200 Medley Relay

1:35.21	Downingtown East	DJ Fechtman, O. Wright, B. Doyle, J. Inman
1:36.81	Kennett	L. Simmons, N. Ober, R. Barish, R. Gorman
1:43.06	WC East	M. Sivo, J. Sherlock, S. Grunza, K. Puchalla
1:44.27	WC Rustin	N. Lutcavage, B. Kiddie, A. Khatib, M. Montgomery
1:49.62	WC Henderson	Q. Birl, Q. Bruton, H. Birl, J. Guidotti

200 Freestyle

1:46.77	Jack Fidanza	Bishop Shanahan
1:47.10	Tommy Boerger	Great Valley
1:48.27	Adam Khatib	WC Rustin
1:48.52	Ryan Barish	Kennett
1:49.99	Liam Perrin	Avon Grove
1:50.84	Steven Grunza	WC East

200 Individual Medley

1:55.33	Dylan Smolders	WC Henderson
1:56.78	Alex Karahalidis	Oxford
2:02.40	Thomas Smiddy	Unionville
2:03.66	Brett Graff	Great Valley
2:05.09	Jon Sherlock	WC East

50 Freestyle

21.70	Ethan Moore	Coatesville
21.73	Jack Inman	Downingtown East
21.99	Liam Simmons	Kennett
22.33	Nathan Ober	Kennett
22.35	AJ Avagliano	WC East

Diving – 6 Dives

315.13	Alec Pirrone	WC Rustin
238.87	Will Merrill	WC Henderson
230.06	Ben Cronauer	WC East
209.35	Tyler Rickel	WC Henderson
192.57	Mitchell Goldman	Downingtown East

Diving – 11 Dives

452.50	Alec Pirone	WC Rustin
400.05	Will Merrill	WC Henderson
220.95	Ben Cronauer	WC East

100 Butterfly

50.33	DJ Fechtman	Downingtown East
51.16	Ben Doyle	Downingtown East
52.41	JP Perucki	WC East
53.19	Brandon Ye	Downingtown West
53.49	Nick Scott	Bishop Shanahan
53.82	Nick Lutcavage	WC Rustin

100 Freestyle

47.41	Ethan Moore	Coatesville
47.98	Jack Inman	Downingtown East
48.54	Tie Manuel	WC Henderson
49.40	AJ Avagliano	WC East
49.44	Kyle Puchalla	WC East

500 Freestyle

4:45.00	Dylan Smolders	WC Henderson
4:49.06	Tommy Boerger	Great Valley
4:52.41	Liam Perrin	Avon Grove
4:55.61	PJ Cronauer	WC Henderson
5:17.05	Adam Khatib	WC Rustin

200 Freestyle Relay

1:27.34	Downingtown East	J. Inman, A. Carroll, DJ Fechtman, B. Doyle
1:28.75	Kennett	R. Barish, R. Gorman, N. Ober, L. Simmons
1:30.12	Bishop Shanahan	J. Fidanza, N. Scott, P. Taylor, N. Fraser
1:30.55	WC East	M. Sivo, JP Perucki, AJ Avagliano, K. Puchalla
1:31.26	Downingtown West	S. West, W. Connolly, C. Tuffner, B. Ye
1:31.37	WC Henderson	T. Manuel, PJ Cronauer, N. Cain, D. Smolders

100 Backstroke

50.25	DJ Fechtman	Downingtown East
51.09	Liam Simmons	Kennett
53.88	Jack Fidanza	Bishop Shanahan
54.18	Nick Scott	Bishop Shanahan
54.51	Tie Manuel	WC Henderson
55.74	Thomas Smiddy	Unionville
56.19	Matt Sivo	WC East

100 Breaststroke

56.36	Ben Doyle	Downingtown East
58.75	Nathan Ober	Kennett
59.53	JP Perucki	WC East
59.64	Alex Karahalis	Oxford
1:01.76	Will Thompson	Downingtown East

400 Freestyle Relay

3:16.03	WC East	K. Puchalla, AJ Avagliano, M. Sivo, JP Perucki
3:19.76	WC Henderson	T. Manuel, PJ Cronauer, N. Cain, D. Smolders
3:19.87	Bishop Shanahan	J. Fidanza, P. Taylor, R. Powell, N. Fraser
3:29.18	WC Rustin	M. Montgomery, B. Worsnup, J. Berkowitz, A. Khatib
3:32.58	Downingtown East	A. Carroll, W. Thompson, L. Sperling, O. Wright

Boys Swimmer of the Year:

DJ Fechtman – Downingtown East – 620 Power Points

Boys Diver of the Year:

Alec Pirone – West Chester Rustin